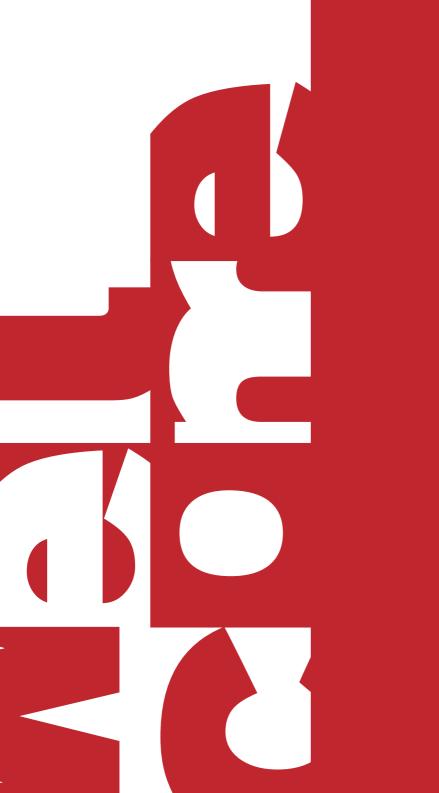


**International Student Guide** University of Navarra



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WELCOME 1

Welcome to the University of Navarra!

From all of us in the International Office we would like to warmly welcome you to the University of Navarra and Pamplona!

It is a place we call home and we hope that you will eventually be able to do the same. Our office is here to help you with many things but most importantly to make sure that you get the most out of your stay in Pamplona. We know that depending on your program you may only be with us for as little as 4 months or as many as 4 years but whatever your situation may be, please let us know if there is anything that we can do for you while studying with us.

Enjoy your stay and welcome home!

Sincerely,

The International Office



# **BEFORE YOU LEAVE**

# Legal requirements for entry and residence in Spain

#### STUDENTS FROM THE EUROPEAN UNION

All students belonging to a European Union or European Economic Area member state, as well as the Swiss Confederation, and who intend to reside in Spain for a period of time longer than three months must register at the Central Registry Office for Foreigners (Registro Central de Extranjeros) in order to be issued a certificate of registration and an identity number for foreigners (NIE - Número de Identificación de Extranjeros).

The certificate of registration can be obtained without prior appointment and in person at any of the national police stations (Comisaría) of your place of residence.

#### NON-EU CITIZENS

If you are a Non-European Union citizen and you are preparing to study in Spain, you need to arrange your legal situation, depending on the duration of your stay.

#### Period of studies up to three months:

1. The European Directive EC N° 539/2001 March 15th, 2001 includes in its annex II the countries whose nationals are exempted from the obligation to obtain a visa for study periods of up to three months. Those have to fulfill the legal requisites described in article 5 of the Schengen Code, and in case of having to prolong the stay, it is possible to request an extension for a maximum of three more months.

2. The European Directive EC N° 539/2001 of March 15th, 2001 includes in its annex I the countries whose nationals are submitted to the visa obligation (type C) to enter the Schengen Area.

#### Period of studies up to six months:

There is a visa (type D) for studies that allows you to stay in Spain for a period of up to 180 days (*Visado D Estudios hasta 180 días*). This type of visa does not allow you to obtain the Residence Card for foreign students (TIE), but it does allow you to request the Identity Number for foreign students (NIE), by verifying the existence of economic, professional, or social interests.

# Period of studies longer than six months:

Non-EU citizens who are going to study in Spain for a period of more than six months have to apply for an "open" visa for studies (type D). This type of visa (Visado D Estudios, Investigación) is valid for three months for entering the Schengen Area and once you have entered Spain you have to obtain the Student Residence Card for Foreigners (TIE) in order to remain legally in Spain.

The TIE is a temporary permit that permits you to stay in the country for the period of your studies. The card is valid for a maximum of one academic year and can be renewed annually until you finish your studies. Your academic performance will be taken into account when renewing your permit. The document gives you the right to remain legally in the country while you study.

You will have a maximum of **30 days** after entering the European Union to begin the process of applying for the Student Residence Card (TIE). For this, you will need to present your flight ticket (boarding ticket) or the stamp on your passport showing the date in which you entered the European Union.

You can apply for a visa through your nearest Spanish Embassy or Consulate.

**IMPORTANT:** A visa can never be changed once you are in Spain. The only visa valid is the one obtained from the Spanish Embassy or Consulate before coming to Spain.

#### MOBILITY WITHIN THE EUROPEAN UNION:

Information for non-EU students admitted in another Member State of the European Union and who will take part in an exchange or complete their studies in Spain.

Non-EU students who have been admitted to study or extend their studies in another Member State of the European Union may seek to pursue or complete part of their studies in Spain, and are - since a change in Immigration Law from June 30th, 2011, exempted from the obligation to obtain a Spanish visa for their studies.

Instead of a visa, the student has to apply for a Student Residence Permit, either **before the entry** into Spain in the Spanish Consular Office where the student currently resides, or **after entering** Spain, within the period of **one month** after the entry, in the Foreigner's Office in Pamplona, on calle Pascual Madoz 3. The documents have to be presented personally by the student.

**IMPORTANT**: All foreign official documents must be previously legalized and, if necessary, must be translated into Spanish or the official language of the territory where the application is submitted.

#### **Health Insurance**

#### **EU CITIZENS**

European Union citizens should apply for their European Health Insurance Card (EHIC) before travelling to Pamplona or check what the Public Health Systems in their own countries offer to students abroad.

When you show your EHIC, you will receive treatment under the same conditions and at the same cost (free in the case of Spain) as people insured in that country.

Be aware that each country's healthcare system is different. Services that cost you nothing at home might NOT be free in another country. Also,take into account that this card does not provide cover in some specific cases such as repatriation, and only can be used in public health institutions.

#### NON-EU CITIZENS

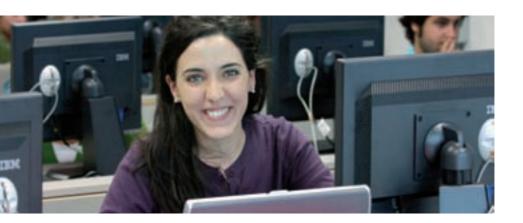
Some non-European countries have bilateral agreements with Spain and might have special benefits (Andorra, Brazil, Chile, Ecuador).

Students from all other countries will need private insurance. We strongly recommend that students apply for an insurance that guarantees assistance in Spain before travelling to Pamplona.

For more information you can contact becas@unav.es.

#### **Mentoring program**

This is a program that matches new international students with current students of the University of Navarra. The mentor is there to help you settle in during your first weeks in Pamplona. With this program you can get first hand advice from students, some of whom are international students and have been in your position. You will also be in contact with them before arriving, so any question that you may have will be answered before you leave your country. If you would like to be assigned a mentor, please send an email to <code>relint@unav.es</code>.



# WHAT TO PACK

Here are packing suggestions that might be useful for your stay in Pamplona:

- > Spanish-English pocket **DICTIONARY** for the first couple of months.
- > UMBRELLA: It rains a lot in Pamplona during the winter. Bring a sturdy umbrella that you can carry with you easily.
- > ADAPTORS AND TRANSFORMERS: Plan on buying them here. You can find adaptors in hardware stores (ferreterías). A transformer converts foreign voltage to European voltage. Voltage in Spain is 220 Volts which may be different from the voltage in your country. Buy transformers in electronic stores (tiendas de informática).
- > COAT: Winter in Pamplona is cold. It's also cold in the Pyrenees, and if you have proper winter clothes you can take advantage of all the skiing and snowboarding opportunities. If you think you will be doing these mountain sports, you may want one coat for sports and one for everyday wear.
- > LAPTOP: If you have a laptop it is a good idea to bring it here with you. It can be useful for your studies, to contact your friends and family back home, as well as to store digital fotos. If you don't own a laptop, it is not necessary to buy one (unless you are required to have one for your degree course).

When thinking about sheets, towels, and general toiletries to bring, don't burden your suitcase if you're short of space. These are easily found in the local stores or shopping centers.



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# **HOW TO GET TO PAMPLONA**

#### From Madrid

BY PLANE: Flights to Pamplona leave from Madrid's main International Airport, Aeropuerto Barajas Terminal 4. There are approximately 6 flights per day with Air Nostrum (Iberia's regional carrier) from Madrid to Pamplona. The prices vary depending on the day and time, but can be anywhere between €85 to €250. The flight is only 45 minutes and is very convenient, but can be very expensive.

BY TRAIN: Pamplona trains depart from the Puerta de Atocha station. Trains leave from Madrid to Pamplona 3 times a day. The train costs about €57 single and takes about three and a half hours.

By taxi, the ride from Barajas Airport to Atocha is about 30 minutes and costs about €25.

You can also go by tube, which is more economical but less convenient. The metro costs approximately €1 and there are two possible routes:

The fastest route is: Subway exit "Airport" Line 8, transfer at "Nuevos Ministerios" with line 10 transfer at "Tribunal" with line 1 subway arrival "Atocha Renfe".

The more convenient route: Subway exit "Airport" Line 8, transfer at "Mar de Cristal" with line 4, transfer at "Diego de León" with line 6, transfer at "Pacífico with line 1,

Subway Arrival "Atocha Renfe".

Useful link: www.renfe.es Phone number: 902 320 320 BY BUS: There is a bus company (Alsa) which runs buses from Madrid Airport, Terminal 4 to Pamplona and tickets cost about €28. The journey takes about 5 hours. Passengers should descend the bus at Soria and take the connection to Pamplona. Tickets should be purchased in advance.

There are other bus companies which leave from the bus station. There is a #200 bus which runs every 10 or 20 minutes from the airport to the bus station in Avenida de America. The trip costs €1. Avenida de América is the last stop.

A taxi from Barajas to Avenida de America will cost about €25 – €30.

#### Useful links:

Bus company: www.alsa.es

Transport Information system: www.emtmadrid.es

Metro: www.ctm-madrid.es

#### From Barcelona

BY PLANE: Flights to Pamplona leave from Barcelona's main International Airport, El Prat. There are approximately 3 flights per day with Air Nostrum (Iberia's regional carrier) from Barcelona to Pamplona. The prices vary depending on the day and time, but can be anywhere between €100 to €250. The flight is only 1 hour and is very convenient, but can be very expensive.

**BY TRAIN**: The Barcelona train station you need is Estació Sants. Trains leave about three times a day. The train ride to Pamplona takes about 4 hours. Tourist class costs €54.40 and first class costs €72.10 (only one way).

Trains run from the Barcelona Airport to the Estació Sants every 30 minutes and cost €2. If the trains aren't running, there will be an alternative bus shuttle from the airport to the Estació Sants.

#### Useful links:

Train station: www.renfe.com Metro: www.tmb.cat/ca/home BY BUS: The Barcelona Bus stations are called Estación de Autobuses, Barcelona Nord and Estació Sants (Sants Bus Station is the same station as the train station).

Vibasa Buses is the company that serves Barcelona – Pamplona. The trip is roughly 6 hours and costs €26. Buses for Pamplona leave approximately 3 times a day from Barcelona.

Getting to Barcelona Nord: from the city you can get there by metro, Line 1, stop, Arc de Triomf, or by the city bus # 54.

#### Useful links:

Bus company: www.vibasa.com

Barcelona Nord bus station: www.barcelonanord.com

#### From Pamplona airport and bus station into town

The only way to travel from the Pamplona Airport into the city is by taxi. Taxis are generally waiting outside of the main entrance and the trip costs roughly €15 and takes 10-12 minutes.

The bus station is conveniently located in town and so you may simply walk or take a Taxi.



# YOUR FIRST DAYS IN PAMPLONA

# **Welcoming Days**

The Welcoming Days are a series of events in the days before each semester, intended to help international students adjust to their new life at the University of Navarra. All international students are welcome, whether they are first year undergraduate students, students on master's or doctoral programs, or students participating in the Bridge Year, Liberal Arts or ILCE programs. It is a wonderful opportunity to get to know new people.

During the Welcoming Days, students will get to know the particulars of the University of Navarra campus, its libraries, study rooms, sports facilities, computer labs and Wi-Fi system, etc. There will also be a tour of Pamplona and excursions to be announced.

# **School Coordinators for Exchange students**

Each school has been assigned at least one International Student Coordinator. It is best to contact them directly about any academic question such as class registration, grade equivalency, etc.

A list of the names and contact details of the School Coordinators will be provided during Welcoming Days.

#### University student cards

Once you are registered as a student, you will receive a card that provides access to most campus buildings and facilities, including the libraries and the sports center. Do not forget to carry it with you at all times. If you are an exchange student, ask your international coordinator where to collect it when you arrive on campus.

#### International Committee / Comité Internacional

This is our group of volunteers that helps us in many ways with international students throughout the year. You will have the opportunity to meet many of them during the Welcoming Days at the beginning of each semester. International students are highly encouraged to participate in this program however they must have studied in Pamplona for at least one year prior to joining the Committee. If you are interested in joining this great group of student volunteers please contact us at *relint@unanes* 

# **Accommodation / Alojamiento**

There are many different types of housing options available to you during your stay in Pamplona. Each option will depend on your preferences and situation. Students here on exchange tend to live in apartments, as it can often be the most comfortable and economical option. However many full time students do choose to live in University residencies or Colegios Mayores.

#### UNIVERSITY HALL OF RESIDENCE / COLEGIOS MAYORES

These facilities are integrated into the University. Residents are offered full room and board, academic support, and cultural and social activities. The Universidad de Navarra has 10 such Colegios Mayores (7 for women and 3 for men) and can provide housing for approximately 1,300 students.

NAME	CATEGORY	TELEPHONE	EMAIL
C.M. Belagua	Male	948 254 650	info@belagua.edu.es
C.M. Larraona	Male	948 250 400	cmlarraona@larraona.org
C.M. Mendaur	Male	948 170 501	mendaur@unav.es
C.M. Aldaz	Female	948 184 379	info@cmaldaz.com
C.M. Goimendi	Female	948 255 600	colegio@cmgoimendi.com
C.M. Goroabe	Female	948 254 950	cmgoroabe@goroabe.com
C.M. Olabidea	Female	948 177 606	info@cmolabidea.com
C.M. Sta. Ma Roncesvalles	Female	948 252 650	ronces1@infonegocio.com
C.M. Santa Clara	Female	948 260 550	info@cmsantaclara.com
C.M. Santa María del Lago	Female	948 189 817	hsmcjlago@hsmcjlago.e.telefonica.net

#### DORMITORIES / RESIDENCIAS UNIVERSITARIAS

These are residences independent from the University and offer full room and board as well as information as to the distinct cultural and social activities of the Universidad de Navarra and Pamplona.

NAME	CATEGORY	TELEPHONE	EMAIL
Diocesana Argaray	Male	948 234 610	info@residenciaargaray.com
Iranzu	Male	948 258 295	info@resiranzu.es
Cristo Rey	Female	948 270 707	ecreyresid@planalfa.es
El Carmelo	Female	948 258 658	elcarmelo@alfaexpress.net
La Providencia	Female	948 213 302	laprovidencia@telefonica.net
María Emilia Riquelme	Female	948 076 855	resipamplona@yahoo.es
María Inmaculada	Female	948 225 008	mari_luzrmi@hotmail.com
Mater Inmaculata	Female	948 234 400	micpamplonar@terra.es
Nuestra Señora del Huerto	Female	948 252 354	residencia@huerto.org

#### APARTMENTS:

Although the university is not officially affiliated with these apartments the Housing office makes available on its website a list of students or landlords looking to rent individual rooms or entire apartments. It is very common for rented apartments to come partially furnished and to include many things such as beds, tables, and many other important things needed to live comfortably during your stay in Pamplona. An apartment shared with other roommates costs around €250-350 per month.

To find out more about these housing options and more (hotels, hostels...) please write directly to *alojamiento@unan.es* 



THE CAMPUS 6

#### How to get to the Campus

The best way to get to the University is on foot or by bike. Everything in Pamplona is within walking distance. Although the University is on the outskirts of the town, it is at most 30 minutes on foot from the city center and when the weather is fine, it's a very pleasant walk.

If you live further away, and prefer not to walk, Pamplona has an excellent network of buses known as *Villavesas*.

Three routes stop at the University of Navarra:

- > Línea 1: Universidad de Navarra UPNA
- > Linea 4: Barañain- Villava
- > Linea 5: Orvina 3 UNAV (Colegio Mendaur)

To see the complete list of stops for these bus lines, refer to the route details at the back of the guide.

#### Where to eat on Campus

Here are a few meetings places, frequented by students, professors, and employees of the University.

- > Central Building Cafeteria Faustino
- > Library Building Cafeteria
- > Architecture Building Manolo
- > University Dining Hall (Comedores)
- > Science Building Cafeteria
- > Social Science Cafeteria Faustino II
- > Law Building Cafeteria

#### Where to study

There are five libraries on Campus:

- > THE OLD LIBRARY (*La Biblioteca Antigua*), mostly for undergraduate use.
- > THE NEW LIBRARY (*La Biblioteca Nueva*), for graduate students and professors.
- > SCIENCES LIBRARY
- > THE THEOLOGY LIBRARY
- > MEDICAL LIBRARY.

In addition, there are smaller rooms in almost all the buildings which are available for student study.

There are four popular places to study:

- The Sala de Lectura in the old library building is the most popular with three huge study rooms that are open to undergraduate students from 8:00 am - 9:00 pm every weekday and Saturdays.
- > The *Hemeroteca*" and "Sala de Referencia in the new library are other popular places and are open every weekday from 8:30 am 7:00 pm.

The Sciences Library is open every weekday and on Saturdays from 8:00 am - 9:00 pm. On Sundays students can also study from 10:00 am - 2:00 pm in the "Sala de Lectura" in the Sciences Library.

#### Internet Access and Wi-Fi

As a student at the University you will have a university email address which will be useful for communicating with professors or your academic advisor. You will also have access to the internet from the computer labs, which are in all campus buildings.

Wi-Fi is also available in many parts of the campus accessible by password and configuration of computer setting.

#### **Job Board for Students**

If you wish to study and work at the same time, either via a collaboration scholarship with a service or department of the University, or work outside the University (individual classes, child care, etc) you should contact the Student Aid Service. The Student Aid Service provides an online job board. Once you are registered for classes you will have access to the Job Board.





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# **USEFUL ADDRESSES**

#### INTERNATIONAL OFFICE /

# SERV. RELACIONES INTERNACIONALES

Edificio Central (planta baja) Phone: 948 425 600 (ext. 802181) relint@unav.es

#### ADMISSION OFFICE / SERVICIO DE ADMISIÓN

Edificio Central (planta baja) Phone: 948 425 614 info@unav.es

#### REGISTRAR'S OFFICE /

#### OFICINAS GENERALES

Edificio Central (planta baja) Phone: 948 425 613

oogg@unav.es

# HOUSING OFFICE / SERVICIO DE ALOJAMIENTO

Edificio Central (planta baja)

Phone: 948 425 614 alojamiento@unav.es

#### STUDENT AID OFFICE / SERVICIO DE

ASISTENCIA UNIVERSITARIA (BECAS Y AYUDAS)

Edificio Central (planta baja) Phone: 948 425 600 ext. 802133

becas@unav.es

#### SPORT SERVICE / SERVICIO DEPORTES

Polideportivo. Campus Universitario Phone: 948 425 638

deportes@unav.es

# CULTURAL ACTIVITIES SERVICE / SERVICIO DE ACTIVIDADES CULTURALES

Edificio Central (planta baja) Phone: 948 425 610 culturales@unav.es

# FOOD SERVICES / COMEDORES

UNIVERSITARIOS TALLUNCE

Campus Universitario Phone: 948 250 562

# UNIVERSITY CHAPLAINCY / CAPELLANÍA UNIVERSITARIA

Phone: 948 425 600 (ext.: 802162 and 802516)

capeluniv@unav.es and jalviar@unav.es



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# **ON-CAMPUS LIFE**

#### **Sports**

The Sports Office of the University offers the opportunity to practice, receive classes and compete in various disciplines such as the following: tennis, soccer, rugby, basketball, paddle, baseball, squash, field hockey, judo, jiu-jitsu and karate. A gym is also available.

#### **Culture activities and events**

Concerts, theatre plays, exhibitions... If you also like acting, singing, playing instruments, etc, and you want to be up-to-date on everything that goes on at the University, pick up a copy of "Vida Universitaria" a weekly bulletin that is distributed every Monday. You will find it at the porter's desk in every building.

#### **Voluntary Social Work**

Studying abroad is always an opportunity for new experiences. If you would like to be a helpful member of the community join UAS (Universitarios por la Ayuda Social). For further information, you can contact UAS at uas@unan.es



# Chaplaincy

Father José Alviar (jahriar@unan.es) is available for international students interested in spiritual services.

# Other Religious Communities in Pamplona

#### **EVANGELICAL CHRISTIAN**

Uztarroz 47. 31014 Pamplona/Iruña 948148532

#### ISLAMIC

Mezquita Al – Badr. C/ Monte Ibañeta, nº 7 Pamplona

# INSTITUTE OF SPANISH LANGUAGE AND CULTURE (ILCE)

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The Instituto de Lengua y Cultura Españolas (ILCE) offers intensive courses of Spanish for new international students before each semester as well as regular language classes throughout the year and tailor-made courses

For more information please contact ilee@unav.es





PAMPLONA 10

You will see many traces of the past as you walk around Pamplona and discover a fascinating mix of the old and the new. The imposing Neo-Classical façade of the Cathedral, for example, gives way to a striking Gothic interior. The Citadel, a defensive fortress built during the reign of Philip II, is today a beautiful park for which Pamplona is famous and many of the town's inhabitants go for a stroll in its grounds every day. What were once the cannon posts and armory of a military fort today form part of the cultural life of Pamplona.

# Transportation

**BUS**: The public bus system is known as the *Villavesa*. It is a great way to get around the city as there are many different lines in service throughout majority of the day.

Bus cards are available in many different places around Pamplona (post office, newsagent's, local shops....). Check the webpage www.mcp.es to find the most convenient post of sale for you.

On the webpage of the City of Pamplona, www.pamplona.net, you can find more information about the other local bus lines as well as buses that travel throughout the country.





Pamplona sits in the middle of the map of Navarre. It covers 23.55 square kilometres. **TAXI:** The easiest way to grab a Taxi in Pamplona is to either call or go to a near by taxi-stop. Although you may see taxi around town they will not typically stop if hailed.

The official taxi service in Pamplona is Tele Taxi San Fermin.

Their contact numbers are: 948-232300 / 948-351335

**BICYCLES IN PAMPLONA:** Navarra is home to Miguel Indurain. He is famous for winning the Tour de France five times between 1991 and 1995 becoming the first person to win five in a row. Navarra has a large cycling community which can be noticed throughout town with its numerous bike lanes and bike rentals. The city of Pamplona offers a convenient bike rental service through C-cycle. For the specifics on how to rent a bicycle please go to their website: www.c-cycle.es

If you are interested in purchasing a bicycle there are many great shops around town that will help you find what you are looking for.

#### Weather

#### SEASON [AVERAGE TEMPERATURE]

Winter [6,2°C] Frequent rain, some snow. Spring [15°C] Sunny days, some rain. Summer [20,7°C] Hot days, some storms. Autumn [10,1°C] Warm days interspersed with cold spells.

#### **Parks and Gardens**

- **> PARK OF THE CITADEL:** Pamplona's Citadel is one of the most important defensive complexes belonging to Renaissance military architecture in Europe.
- > VUELTA DEL CASTILLO PARK: This English-style park consists of large, green fields with trees and pedestrian footpaths, ideal for walking or sport.
- > PARK OF LA TACONERA: French-style park, this is the oldest park in the city (1830). There is a zoo located in its moats with deer, goats, ducks, swans, rabbits and peacocks in semi-liberty.
- YAMAGUCHI PARK: This park was designed by several Japanese landscape gardeners. It is a large, green area with Japanese ornamentation. The park houses the Pamplona Planetarium, which puts on different programmes and exhibitions throughout the year.

#### Museums

#### > MUSEUM OF NAVARRE

Address: Santo Domingo, 47 Email: museo@navarra.es Phone: 848 426 492

#### > PAMPLONA PLANETARIUM

Address: c/Sancho Ramírez s/n,

31008 Pamplona

Web: www.pamplonetario.org/ Email: consultas@pamplonetario.org

Phone: 948 26 26 28

# > JOSÉ ORTIZ ECHAGÜE (PHOTOGRAPHY MUSEUM)

Address: Campus universitario s/n, main building of the Universidad de Navarra, 31008 Pamplona

Web: www.unav.es Phone: 948 425 600

#### **Theatres**

#### > GAYARRE THEATER

Address: Avenida Carlos III, 1 Website: www.teatrogayarre.com Email: teatrogayarre@teatrogayarre.com

Phone: 948 206 593

#### > BALIJARTE

Address: Plaza del Baluarte Website: www.baluarte.com Email: baluarte@baluarte.com Phone: 948 066 066



#### What's on?

As the capital of the province of Navarra, Pamplona has a wide range of cultural activities as well as many modern facilities to enjoy in your leisure time.

CIVIVOX & CIVICAN: These are social centers situated in many different zones around the city that offer a wide range of activities during the year. These activities can include anything from a course on photography or swimming lessons to a series of outdoor summer concerts when the weather permits. These are also great places just to go and grab a coffee or check your email as they offer free WiFi. To participate in many activities you will need to become a member.

To find the Civi-Center closest to you or see what activities are being offered check out the city of Pamplona's website at: nmm.pamplona.net

**GUIA DEL OCIO:** Online calendar of events happening in Spain and neatly organized by city. To see what's going on in Navarra check out this website: *nmm. guiadelocio.com/navarra* 

**LA ESCUELA NAVARRA DE ACTIVIDADES CON JÓVENES:** This is an organization that organizes events specifically for young people living in Navarra. To see the calendar of events check their website at: <a href="https://www.navarra.es/home\_es/temas/juventud/">www.navarra.es/home\_es/temas/juventud/</a>

**WEEK OF THE PINCHO:** It is organised each year in the Spring, with the participation of approximately a hundred bars. Each bar prepares two "Pinchos" which are served at the bar, accompanied by a drink. The culinary standard of these signature morsels is high, whilst the price is very low. www.semana-delpincho.es

**INTERNATIONAL DOCUMENTARY FILM FESTIVAL "PUNTO DE VISTA":** The International Documentary Film Festival "Punto de Vista" is an annual event featuring the latest trends in the field of documentary films. The festival is hosted in the city of Pamplona every year in February. *nnm.puntodevista.navarra.es* 

#### **Dates of interest**

SAN FERMINES (7-14 JULY): During this week the city is completely transformed. The streets are decorated and flooded by the colors white and red, which are also the official colors of the clothing worn by all who participate in the festivities. There are an innumerable number of activities such as the procession of the "Giants" and "Big Heads", outdoor concerts, sporting competitions, and the more well-known "Running of the Bulls".

"JAVIERADA" (MARCH): Each March there is a large pilgrimage to the Castle of Javier where hundreds of residents of Navarra walk from Pamplona to the near by village of Javier. The majority of people choose to do this walking however there are also many that go by bike.

HOLY WEEK (SEMANA SANTA, MARCH-APRIL): Holy Week is one of the most important celebrations in Spain. During the Semana Santa, street processions are organised each evening, from Palm Sunday to Easter Sunday.

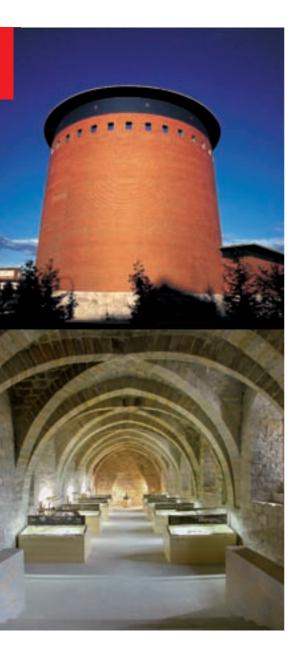
"SAN SATURNINO" (29 NOVEMBER): This is a holiday in Pamplona as Saint Saturnine is the patron saint of the city. Don't miss out on the many processions in the old part of town.



# Wi-fi hot spots

Some of the public places with free access to Wi-Fi in Pamplona are:

- · Parque de la Ciudadela Civivox
- · Civican
- · Piscinas Aranzadi
- · Piscinas de San Jorge.



#### **Useful addresses**

#### > TRANSPORT

## Airport

C/ Aeropuerto de Pamplona, 1. 31110 Noáin Phone: 948 168 700

www.aena.es

#### Train station

C/ de la Estación, S/N. 31012 Pamplona Phone: 948 130 466 nnm.renfe.es

#### **Bus station**

C/ Yanguas y Miranda. 31003 Pamplona www.estaciondeautobusesdepamplona.com

#### **Taxis**

Phone.: 948 351 335, 948 221 212 948 351 302 and 948 232 300 *www.taxipamplona.com* 

#### > PRACTICAL INFORMATION

# Pamplona Town Hall

Plaza Consistorial, 1 31001 Pamplona Phone: 948 420 100 nnn:pamplona.net

#### **Tourist Office**

Avda de Roncesvalles , 4 31001 Pamplona Phone: 848 420 420

#### Post Office

Paseo Sarasate, 9. 31002 Pamplona Avda. Sancho el Fuerte, 69. Planta Baja. 31007 Pamplona Phone.: 948 221 263

# Emergencies

In case of an Emergency dial 112.

This is the emergency number for the Police, Fire Department, and Emergency Medical Services in Europe. If you are on campus, call 948 174 448.

#### > LOCAL HOSPITALS

## Clínica Universidad de Navarra

Avda. Pío XII, 36. 31008 Pamplona.

Phone: 948 255 400 Fax: 948 296 500 Urgencies: 948 296 499

www.cun.es

## Hospital Virgen del Camino

Irunlarrea / Irunlarrea Kalea, 4 31008 Pamplona. España Phone: 848 429 400

### Health Service of Navarra

Urgencias: 112 Phone Hospital de Navarra: 848 422 222

#### > LOCAL POLICE STATIONS

## Jefatura Superior de Policía

Calle del General Chinchilla, 3-5 31002 Pamplona Phone: 948 29 97 00

#### Policía Local Barañain

Plaza Consistorial, S/N 31010 Barañain Phone: 948 18 10 00



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## **AROUND PAMPLONA**

## The Way of St. James (El camino de Santiago)

Every year, thousands of pilgrims cross Navarra on their way to Santiago de Compostela. They set off to travel along the way of St. James, which is one of the most important Christian pilgrimages and subsequently has become one of the most hiked trails in the world. The main trails sets across northern Spain however there are some paths that even begin as far east as Germany!

#### Elizondo

A village in the middle of the Baztán Valley near the French border. Its houses have remained unchanged for centuries, with stables and barns, and with a heavy stone coat of arms embellishing their façades.

#### **Bardenas Reales**

Bardenas Reales is a desert in southern Navarra. There are rocky mountains that rise like castles out of the plain, defying the laws of gravity. And a unique tourist experience awaits you - you can sleep in houses that burrow into the rock like caves.

#### San Sebastián

San Sebastian is just 75 km from Pamplona. It is a coastal city near the French border, small and cosmopolitan, monumental and friendly. Framed by the sea and the mountains, La Concha Promenade is a fantastic place for a leisurely stroll past its majestic mansions, while you breathe in the healthy sea air.

Try some of the tapas in the Old Town. See how Art challenges nature at the Peine de los Vientos (the Wind Combs). Listen to a concert in Kursaal. Stroll along its wide avenues. Do some shopping on its glamorous commercial streets. These are just a few of the things you can do in this city.

The easiest way to get to San Sebastian from Pamplona is to take the bus which takes one hour and buses run very frequently.

#### **Beach Towns**

Other suggestions for a day at the beach:

- > SAN SEBASTIÁN
- **> BIARRITZ, FRANCE** (130 km from Pamplona 1.5 hours in car). Known as one of the better surf areas in France.
- > SAINT-JEAN-DE-LUZ, FRANCE (112 km from Pamplona, 1.2 hours in car). Quiet small town with lots of shops and picturesque views.
- > ZARAUTZ (90 km from Pamplona, 1 hour in car). Small beach town that is great for surfing and camping.
- **> HONDARRIBIA** (102 km from Pamplona, 1.2 hours in car).
- > ZUMAIA (104 km from Pamplona, 1.17 hours in car)
- > CASTRO-URDIALES (200 km from Pamplona, 2.6 hours in car). Beautiful old town with lots of history that dates back to the middle ages.
- **LAREDO** (211 km from Pamplona, 2. 2 hours in car)





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## SAN SEBASTIÁN CAMPUS

The University of Navarra Campus in San Sebastian is divided into two schools:

## ISSA, School of Management Assistants

Cuesta de Aldapeta, 49 20009, Donostia - San Sebastián Phone: 943 467 144 / Fax: 943 468 982 www.issa.es

# Tecnun, School of Engineering Campus: Sede de Ibaeta

Paseo de Manuel Lardizábal, 13 20018, Donostia - San Sebastián Phone.: 943 219 877 / Fax: 943 311 442

## www.tecnun.es

## Tecnun, School of Engineering Campus: Sede de Alto Miramón

(Engineering in Telecommunications) Parque Tecnológico de San Sebastián Paseo Mikeletegi, 48 20009, Donostia - San Sebastián Phone.: 943 219 877 / Fax: 943 311 442 www.tecnun.es

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## The School of Engineering (TECNUN)

The Engineering School contributes to the professional, scientific and human training of future engineers, while keeping a balance between teaching, research and service to society.

The university campus is located in the Ibaeta district, the university area of the city. It has laboratories, lecture halls and multiuse buildings. The School of Engineering's research is carried out in collaboration with CEIT, using shared laboratories and library services. Students therefore benefit from scientific research in industry, which provides them with authentic practical learning experiences.

## ISSA – Management Assistance

The building that houses the ISSA Institute was constructed by an aristocrat as his summerhouse in 1900. It became the Institute of Secretarial and Administrative Studies in 1963. This means that it is like a *belle époque* home, where tapestries and carpets can be found together with the computers and state-of-the-art technology needed for the profession of Management Assistant.

Apart from the incredible views, you will enjoy the activities on the homely ISSA campus, such as the fortnightly Literary Café or the Cinema Club.

## How to get there

The easiest way to get to TECNUN or ISSA is the city buses.

#### TECHNOLOGICAL CAMPUS

To get to the Ibaeta Tecnun center, catch bus number 33 (Gros-Antiguo, Igara), 25 (Benta Berri-Añorga 2), 24 (Altza-Gros-Antiguo) or 27 (Altza-Intxaurrondo-Antiguo). To go to the Miramon center, catch the number 28 (Amara-Hospitales).

#### ISSA

To get to ISSA you can catch numbers: 24 (Altza-Gros-Antiguo-Amara Berri), 27 (Altza-Intxaurrondo-Antiguo-AmaraBerri), 35 (Gros-Ayete-Hospitales), or 36 (Antiguo-Ayete-Hospitales).

### **Accommodation**

#### UNIVERSITY HALLS OF RESIDENCE

NAME	CATEGORY	TELEPHONE	EMAIL
C.M.Ayete	Male	943 211 000	info@ayete.es

#### **DORMITORIES**

NAME	CATEGORY	TELEPHONE	EMAIL
Compañia de María	Female	943 464 795	cmariass.residencia@sanbartolomess.com
Misioneras del Sagrado			
Corazón de Jesús y de María	Female	943 465 072	msc.el@planalfa.es
Ángeles Custodios	Female	943 290 182	resiangelesc@yahoo.es
M° Inmaculada	Female	943 285 066	
Esclavas del Sgrdo Corazón	Female	948 211 938	<u> </u>
El Carmelo	Female	943 456 600	resicarmelo@yahoo.es

#### **Useful Addresses**

### San Sebastián Town Hall

Igentea 1 20003 San Sebastián www.donostia.org

#### **Health Service**

Emergencias: 943 461 111 www.emergencias.org

### Post Office

Urdaneta 7 20006, San Sebastián

#### **Tourist Office**

Reina Regente 3 20003 San Sebastián

www.sansebastianturismo.com

#### Bus station

Avda Sancho el Sabio 31 20010 San Sebastián Phone: 943 469 074

# Renfe Station (national trains)

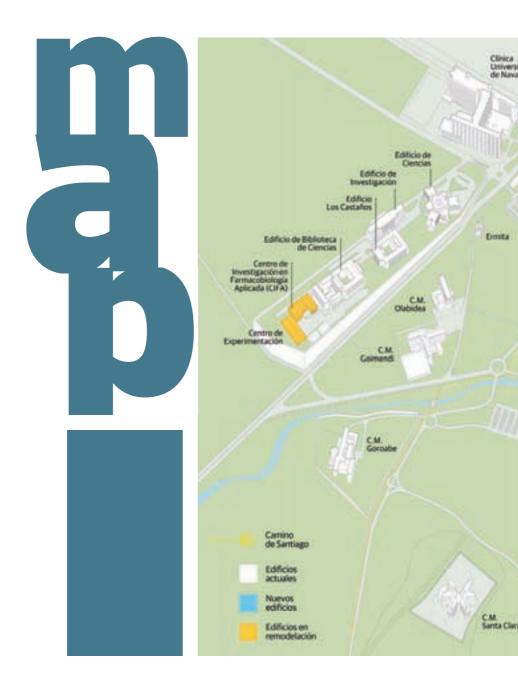
Paseo de Francia 22, Planta Baja

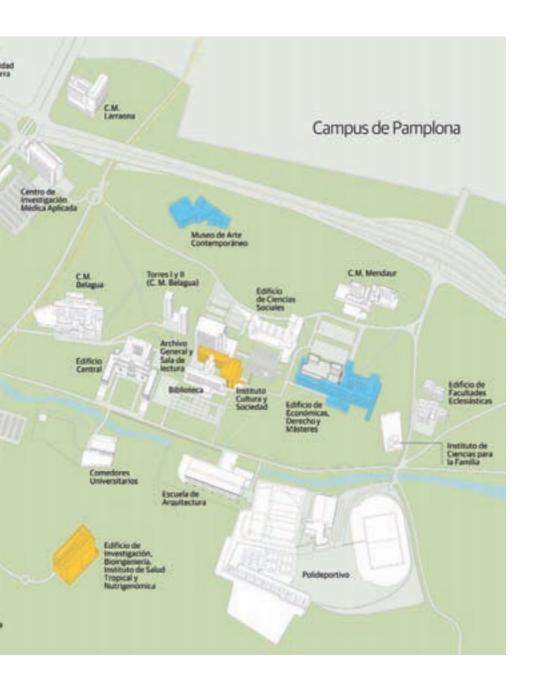
20012 San Sebastián

## Eusko tren (local network)

Plaza Easo/Easo Enparantza, s/n

20006 San Sebastian





### **International Office**

Central Building. University of Navarra. 31080 Pamplona. Navarra (Spain). Phone: 948.42.56.00 (ext. 2181). Email: relint@unav.es

