

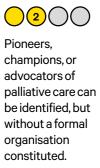
Education & Training  Medical schools	
with mandatory PC teaching	∯ 0/16
Nursing schools with mandatory PC teaching	₿ N/A
PC Full Professors	
Recognition of PC specialt	y <u>1000</u>
B Policies	
National PC plan or strategy	0200
Responsible authority for PC in the Ministry of Health	1000
Inclusion of PC in the basic health package at the primary care level	
Empowerment of people     and communities	
D	
Groups promoting	Advanced care
the rights of PC patients	planning-related policies

EAPC ATLAS OF PALLIATIVE CARE IN THE EUROPEAN REGION 2025

### Ukraine

#### Ind1

Existence of groups dedicated to promoting the rights of patients in need of PC. their caregivers. and disease survivors.



In Ukraine there are some public social media groups, where some specialists or volunteers work helping patients and caregivers. Also there are many advocacy organisations and charitable foundations but not any specialised organisation with advocacy activity in palliative care. The most famous public organisation is the "Ukrainian League for the Development of Palliative and Hospice Care", devoted to the improvement of the existing legislation on palliative care, development of plans, programmes related to the provision of medical, psychological, physical, social, spiritual support to the terminally ill, promotion and approval of the State Programme for palliative care, support in the creation of a modern educational and methodological base for the training of personnel in the field of palliative care.

#### Ind 2

Is there a national policy or guideline on advance directives or advance care planning?

There is no national policy

or guideline on

advance care

planning.

No evidence found.

### Ind 3

3.1. There is a current national PC plan, programme, policy, or strategy.

3.2. The national palliative care plan (or programme or strategy or legislation) is a standalone.



Developed over 5 years ago.

There is a dedicated section on palliative care contained within another national plan such as for cancer, NC diseases or HIV.

There is an official national strategy for the period 2017-2027, developed but not implemented in full scale, due to different circumstances, including the war from 2014. This Strategy includes the principles of development of palliative care, some of which are similarly described in the General state programme against oncological diseases, in the Nationwide target social programme for combating tuberculosis, and in the National targeted social programme for combating HIV infection/AIDS. Furthermore, there are several legislative documents such as 1) Specialised MoH Order - 'On improving the organisation of palliative care in Ukraine', dated 04.06.2020 1308, 2) Law dated November 19, 1992 No. 2801-XII 'Basics of Ukrainian legislation on health care', stating that palliative care is provided free of charge in state and communal healthcare institutions; 3) Law dated October 19, 2017 No. 2168-VIII 'On State Financial Guarantees of Medical Services of the Pop-

# 💷 Ukraine

3.3. There are indicators in the national plan to monitor and evaluate progress, with measurable targets.

Not known or does not exist.

#### Ind 4

PC services are included in the list of priority services for Universal Health Coverage at the primary care level in the national health system.

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Palliative care is included in the list of health services provided at the primary care level in the General Health Law.

#### Ind 5

5.1. Is there a national authority for palliative care within the government or the Ministry of Health?

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There is no authority defined.

5.2. The national authority has concrete functions, budget and staff.

Does not have concrete functions or resourc-

etc.).

es (budget, staff,

ulation', describing how the state guarantees medical services and medicines related to the provision of palliative care at the expense of the state budget (medical component of palliative care-inpatient and mobile), and 4) the Order of the Ministry of Social Policy of January 29, 2016 No. 58 'On the Approval of the State Standard of Palliative Care', defining the content, volume, norms and regulations, conditions and procedure for providing social services for palliative care, indicators of its quality.

Law n°2168-VIII 'On State Financial Guarantees of Medical Services of the Population' guarantees PC medical services and medicines at the expense of the state budget. The National Health Service pays for the medical component of PC inpatient and mobile. According to legislation, PC is divided into general, provided by a family doctor, and specialised, provided by a multidisciplinary team of a medical facility both in hospital and at the place of residence. If necessary, the family doctor can consult a multidisciplinary team and adjust/create a PC plan. The multidisciplinary team involves physicians, social workers, psychologists, volunteers, clergy, etc. The content and scope of PC medical services are determined by the programme of state guarantees. In 2024, general PC is provided as part of the 'Primary medical care' package, and specialised as part of the 'Inpatient PC for adults and children' and 'Mobile PC for adults and children' packages.

There is no coordinating entity and, in consequence, it has no concrete functions or resources such as budget, staff, etc.

### Ukraine

#### Ind 6

**Existence of congresses** or scientific meetings at the national level specifically related to PC.

Only sporadic or non-periodical conferences or meetings related to palliative care take place.

**Reflects a limited** 

number of arti-

cles published.

The most famous scientific event dedicated to palliative care in Ukraine is the National Congress on Palliative Care. As of 2024, four congresses have been held (2012, 2015, 2020, 2023). The last Congress in 2023 was dedicated to palliative care and war in Ukraine. The National Congress always gathers the best leading specialists in the field of palliative care in Ukraine, and this is the place where doctors, scientists and other professionals can meet each other and exchange the knowledge. Also there some other congresses and conferences, which have special section related to palliative care, like oncology congresses, neurology, cardiology etc.

There is, besides some peer reviewed articles, a specialised scientific journal 'Rehabilitation and palliative medicine', where

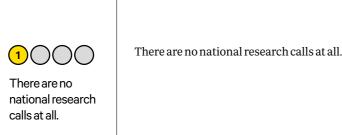
various articles related to palliative care and abstracts from

#### Ind 7.1

Estimation of the level of peer-reviewed articles focusing on PC research published in any language in the past 5 years with at least one author from the country.

#### Ind 7.2

Inclusion of PC topics in national research calls.



Ind 8

-Reported annual opioid consumption -excluding methadone-in S-DDD per million inhabitants per day.

132 Average consumption of opioids, in defined daily doses (S-DDD) for statistical S-DDD PER MILLION INHAB /DAY

COUNTRY VS REGION

#### AVERAGE CONSUMPTION

conferences are published.



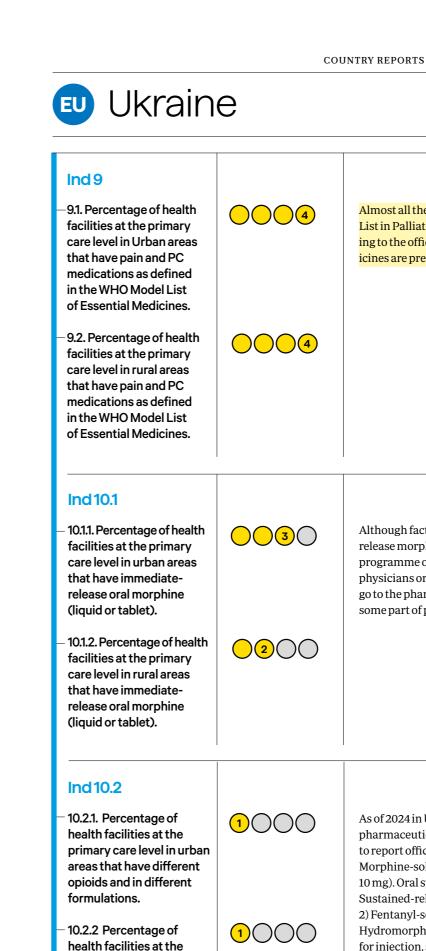


purposes 2020-2022.



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primary care level in rural

areas that have different

opioids and in different

formulations.

Almost all the medicines, indicated as essential in WHO Model List in Palliative Care chapter are registered in Ukraine according to the official website of State Drug Register. Also these medicines are present on pharmacies.

Although factual estimations are rather difficult, immediaterelease morphine (tablets), is included in special governmental programme of medicines cost reimbursement. The general physicians or other doctor prescribe the morphine and patients go to the pharmacy and can receive this drug for free or for some part of payment.

As of 2024 in Ukraine the following opioids (at the pharmaceutical market) are available. However, it is difficult to report official information about the primary facilities. 1) Morphine-solution for injection, immediate-release tablets (5, 10 mg). Oral syrup is registered nut not available in pharmacies. Sustained-release forms are not registered and not available; 2) Fentanyl-solution for injection, transdermal patches; 3) Hydromorphone - not registered; 4) Buprenorphine-solution for injection, sublingual tablets; 5) Oxycodone-solution for injection, Sustained-release tablets.

### Ukraine

#### Ind 11

11.1. The proportion of medical schools with COMPULSORY teaching in PC (with or without other optional teaching).

- 11.2. The proportion of medical schools with **OPTIONAL** teaching in PC.
- 11.3. The proportion of nursing schools with COMPULSORY teaching in PC (with or without other optional teaching).
- 11.4. The proportion of nursing schools with **OPTIONAL** teaching in PC.
- 11. 5. PC Full Professors.
- 11.6. Legislation/ regulations concerning PC education.



N/A

#### Ind 12

Existence of an official specialisation process in palliative medicine for physicians, recognised by the competent authority in the country.



There is no process on specialisation for palliative care physicians.





0/16

N/A

#### pulsory but as selective disciplines for students of 6th year. Regarding nurses, medical colleges have a general programme in which two subjects ('Therapy' and 'Gerontology') include 20 hours of the discipline "Palliative care", nonetheless the topics are different in different colleges. In Ukraine currently there are 30 universities (16 medical ones, 14 with with medical specialties where medicine is studied). In medical schools programme for students is similar in most universities and includes 75 hours of the discipline 'Palliative care'.

In Ukraine there is no specialised education standard about

Palliative care. The palliative medicine discipline is included

in education standard under 'Medicine', 'Paediatrics', not com-

#### There is no process on specialisation for palliative care physicians.

## 💷 Ukraine

### Ind 13

13.1. There is a system of specialised PC services or teams in the country that has a GEOGRAPH-IC reach and is delivered through different service delivery platforms.

13.2. Are available in HOSPITALS (public or private), such as hospital PC teams (consultation teams). and PC units (with beds), to name a few examples.

13.3. Free-standing HOSPICES (including hospices with inpatient beds).

13.4. HOME CARE teams (specialised in PC) are available in the community (or at the primary Healthcare level), as independent services or linked with hospitals or hospices.

13.5. Total number of specialised PC services or teams in the country.

#### Ind 14

14.1. There is a system of specialised PC services or teams for children in the country that has geographic reach and is delivered through different service delivery platforms.

14.2. Number of pediatric specialised PC services or teams in the country.

 $\bigcirc 2 \bigcirc \bigcirc$ 

Isolated provision: palliative care specialised services or teams for children exist but only in some geographic areas.

Generalised provi-

sion: Exists in many

parts of the country

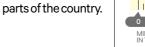
but with some gaps.

Ad hoc/in some

Found in many

parts of the country.

Not at all.





3

PPC TEAMS Ukraine is home to 87 specialised palliative care services, (0.23 services per 100000 inhabitants.) As per October 1, 2018, there were 19 hospices (567 beds) and 68 palliative care departments in institutions of various profiles (1,626 beds) in the health care system of Ukraine. This represented and approximate coverage of 64.3% of the need. Currently, due to the war, it is hard to evaluate the number of hospices or palliative care departments: many facilities were closed or destroyed. There are different types of palliative care facilities in Ukraine. 1) Hospices state or community-like Ivano-Frankivsk Regional Palliative Care Center, 2) Hospice as part of big net of state healthcare facilities – Hospital 'Hospice' in Lviv–, 3) Private hospices, and 4) Departments of palliative care in state or private hospitals. In each region of Ukraine there are departments of palliative care in hospitals of different profile (general, oncology, etc.). Mobile groups and home care teams are created mostly as a part of the facility (hospice or primary care facility).

RATE OF SPECIALISED PC SERVICES/100.000 INH

There are several palliative care units in Ukraine for children: 1) Mobile hospice for children, Western Ukrainian Specialised Children's Medical Centre, 2) Nadvirna First Children's Hospice, and 3) Children's City Polyclinic No. 6 Compass in Odesa.