

# CLINICAL ROTATIONS UNIVERSITY OF NAVARRA

#### About us

Since 1954, the Universidad de Navarra has offered a **degree in Medicine** with a clear objective to prepare **medical professionals** with the following attributes:

- The ability to pursue **specialized training** anywhere in the world as a result of receiving the most **advanced knowledge** and **clinical skills** to diagnose, treat, and prevent the most prevalent diseases.
- To be endowed with a **deep respect for human rights**, in particular for the dignity of each human being and their family, from conception until natural death.
- Develop scientific interest in **Biomedicine** to allow international participation in **translational research**.
- Capable of establishing good interpersonal communication and team-working skills through honesty, responsibility, and the spirit of **solidarity and service**.

Considered a pioneer institution in Spain, the **School of Medicine at the University of Navarra (#MedUNAV)** was one the first to create inter-faculty departments and to integrate medical-surgical programs. #MedUNAV is reinforced by its inseparable union with the <u>Clínica Universidad de Navarra</u>, the first hospital in Spain to be accredited by the <u>Joint Commission International</u> as a university hospital. The Medical School is equally enriched by the <u>Centro de Investigación Médica Aplicada</u>, home to first class scientific research focused on serving the patient.

The School of Medicine focuses all its efforts on the students by providing a complete experience that includes **teaching**, **health-care**, **and cutting-edge research**. We strive to offer an educational model that provides innovative solutions for current challenges. The university aspires to have a campus setting that fosters students to take **initiative and play an active role** in their personal and professional development.

#### The School at a glance

- Among the 3 best schools of Medicine in Spain in relation to the results obtained by our students in the National Exam for getting into Residence Program (MIR).
- % of students passing the National MD final exam in the first call: 99.35%
- % of students among the 2.500 best in the National MD final exam: 72%
- University Hospital accredited by the Joint Commission since 2004.
- Center for Applied Medical Research, reference in Europe in oncology, neuroscience, gene therapy and cardiovascular sciences.
- Personalized education: personal mentor for each student during their degree; general ratio student/teacher: 3,7.
- Teaching hospital in Pamplona and in Madrid.



## Clínica Universidad de Navarra

The School of Medicine offers the possibility of participating in clinical rotations in our headquarters in Pamplona and in Madrid. Both institutions work the same and students will benefit from the same kind of principles and way of working. However we include below some of the key aspects of each destination in order to make the decision on where to rotate:

## Madrid

It is a new brand hospital. The clinic is located at the east of the capital, at kilometer 7 of the A2, between Avenida América-A2, the Felipe Juvara Bridge and the street of the Marquesado de Santa Marta. It is possible to arrive there by bus or subway.

You can find housing near that area although some students prefer to live in the city center as there are always more activities to do and also you have the possibility of visiting museums, walking, sightseeing,... during free time.

Madrid is a big city that offers different cultural activities as the <u>Prado Museum</u>, <u>music</u> or sports as <u>football</u>, <u>parks</u> where you can run or have a walk, typical places to eat,...

## - Pamplona

Pamplona is a small city in the North of Spain, our teaching hospital is just 100 metres far from our School of Medicine and from our Research Center. You can walk everywhere, the city is full of green areas and Pamplona is just a few hours by car from some of the most touristic and unique places in Spain: San Sebastián (50 minutes), Santander (3 hours), Barcelona (4 hours) and of course, Madrid (3-4 hours).

Besides this, students in Pamplona have access to our campus that includes library, classes, meeting rooms, sports facilities, etc. Depending on the time of the year, students might also be offered Spanish classes as part of their clinical electives program. This cannot be guaranteed. Fee waiver doesn't apply for customized Spanish courses.

#### **Clinical rotations**

Clinical rotations take place during the mornings. Schedules can change from one department to others (8.00/9.00 until 13.00/14.00). These times are flexible and will depend on the student's availability. Some departments might have clinical activity during the afternoons. Doctors might recommend students to join these activities in case they are interested.

Rotations in Pamplona and in Madrid have the same structure and learning goals, however, there can be small changes in the way departments organize their clinical activity between both centers. These specific indications will be given once the student arrives to the department.

Availability of Departments is subject to change every year.



# **Departments available in Pamplona**

- Allergology and Immunology\*
- Radiology\*
- Gynaecology and Obstetrics\*
- Anaesthesiology\*
- Anaesthesiology Critical Care
- General Surgery\*
- Plastic Surgery
- COT
- ENT\*
- Cardiology
- Neurology
- General Internal Medicine
- Oncology
- Urology
- Paediatrics
- Endocrinology
- Digestive
- Dermatology (only July and August)
- Haematology
- Hepatology
- Nephrology
- Ophthalmology
- Psvchiatry
- Infectious diseases

# **Departments available in Madrid**

- Anesthesia
- Cardiology
- Surgical path (Urology, COT, Vascular Surgery, Dermatology)
- Medical path (Gastroenterology, Endocrinology, Neurology, Psychiatry)
- Gynecology and Obstetrics
- Internal Medicine
- Oncology/Hematology
- Pediatrics and Obstetrics (Newborns and emergencies)
- Radiology and advanced diagnosis methods (RX, TAX, Nuclear Medicine, Endoscopy)

<sup>\*</sup>Recommended for students with basic level of Spanish.



#### Dress code

Men and women must be in business professional attire, no casual clothing including: jeans, athletic shoes, sandals, etc. Long hair must be in a ponytail. Earrings and piercings are not allowed. Scrubs will be provided when needed.

Madrid: You will be provided a white lab coat.

Pamplona: You are requested to bring a white lab coat without any letter or badge.

#### Language requirements

Proficiency in Spanish is not required but highly recommended. We recommend students coming to rotate with us to have some level of Spanish (around a B2 level, that should be backed with a document by your university or coordinator or a certificate). This will guarantee that they take full advantage of the experience as well as have the chance of interacting with patients and understanding all the procedures.

#### Rotation blocks

International students are requested to follow our rotation blocks and dates and we highly recommend the summer months. Applications to rotate for less than 1 month won't be considered.

#### Where to live

#### General Housing link:

https://www.unav.edu/en/web/guest/admission-and-financial-aid/housing

# In Pamplona

We recommend students to live near the university and our teaching hospital. These areas include <u>Barrio Iturrama and Barrio Mendebaldea</u>. However, Pamplona is a small city so it is also possible to leave in other areas and use the bus to move around.

These are some recommendations about housing in Pamplona:

- Flats + services
  - o CampusHome
  - o Pamplonahouse.com
  - o University Booking
  - o <u>Unicasa</u>
  - o Unibooking
- Student's dorms
  - o Camplus Pamplona
  - o Residencia María Emilia Riquelme
- Flats for rent
  - Conecta pisos
  - o Cohousing Pamplona
  - o Airbnb
- Host family
  - o palomacia@unav.es



# In Madrid

As the hospital is in Avenida de América, we recommend living in the surroundings, since there is the bus 114 that has a stop in front of the entrance or around Line 5 of Metro Madrid (<a href="https://www.metromadrid.es/es/linea/linea-5">https://www.metromadrid.es/es/linea/linea-5</a>, Suances station is the stop for the hospital or Torre Arias).

- Student's dorms
  - o Paseo de la Habana
  - o Club Universitario
  - o Female Residence Santa Ana
  - o Palacio de Barrada
  - o Smart Residences
  - o The Residence in Madrid
- Other options
  - o Aluni.net
  - o BCOME Paseo de la Habana
  - o DFLAT Housing
  - o My Sweet Home
  - o PyR Solutions
- Hotel for short stays:
  - The Meliá Avenida de América Hotel is located 7 minutes walk from the Alumni Building (Postgraduate Center) and offers a special rate to its students for stays from Friday to Sunday.

#### Wifi

In order to use the wifi network at the university students will be provided with an university's email account. Instructions to set up the wifi can be found <a href="here">here</a>.

## Quick links

https://www.unav.edu/en/alumnos/international-students

http://www.renfe.com/

https://www.infotuc.es/index.php/es/

https://www.unav.edu/web/facultad-de-medicina

https://www.cun.es/



#### STUDENTS EXPERIENCES

"As a 4th year medical student, I had the opportunity to rotate through the University of Navarra's Madrid campus. I was part of an incredible GYN team made up of both attendings and residents. From day 1, everyone was extremely welcoming and kind. I immediately felt part of the team and even received my own University of Navarra white coat so that I would fit in. The hospital employs incredible physicians that are eager to teach and even provide research opportunities. The facility is state of the art and includes top of the line technology. While part of the GYN team I observed and assisted with procedures in the operating room alongside incredible surgeons. The team also understood that Madrid was a new and unfamiliar place for me and invited me along for meals and even a Sunday morning hike. I also had ample time to explore the beautiful city of Madrid and the remainder of the country. Spain's healthcare system is truly one of a kind and something that the rest of the world should strive to emulate. I would recommend this rotation to anyone interested in doing a rotation abroad".

## B. Banasiewicz, University of North Carolina at Chapel Hill, 2019

"Incredible experience. The perfect place for those who have the desire to acquire clinical skills and live more life between guards. As medical student, I had the opportunity to rotate in the Cardiology department at CUN in Pamplona, learning a lot in different areas: Imaging, Hemodynamics, Heart Failure, Assessment of the patient in the guard.

This hospital also does Heart Transplants, so I had the chance to learn about how to guide these particular kind of patients to the intervention and how it is necessary to follow them afterwards.

Everyone working in the department made the experience even better. Extremely professional, with high expertise but at the same time with huge desire to teach and inspire students to learn."

A. Russo, Università Campus Bio-Medico Roma, 2021