

# Factors affecting Quality of Life of older people with cancer and their caregivers.

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## INTRODUCTION

- Life expectancy around the world has increased in the past few decades and will continue to do so.
- Currently, 60% of newly diagnosed cancer cases are individuals over the age of 65 and represent 70% of all cancer deaths.<sup>(1)</sup>
- Geriatric Oncology (GO) is a discipline that focuses on the management of elderly patients with cancer
- According to the SIOG, the rise in these numbers has caused oncology health professionals to shift their focus towards the geriatrics field.<sup>(2)</sup>
- High-quality nursing care to older patients with cancer requires a considerable amount of understanding of the patient's situation and their relationship with the concept "quality of life".
- Patients and caregivers are both suffering important and vital changes, including physical and psychological consequences that affect Quality of Life (QoL).<sup>(3)</sup>

## OBJECTIVE

Investigate the main factors that affect QoL of older patients with cancer, their caregivers and the methods used to evaluate that QoL.

## METHODOLOGY

Research question in PS format: What are the factors affecting QoL of older people with cancer and their caregivers?

Older adults		Carers		Cancer		"Quality of Life"		Factors
OR		OR		OR				OR
Geriatric		Family		Oncology				Indicators
OR		OR		OR				OR
Elderly	AND	"Caregivers"	AND	"Neoplasms"	AND			Determinants
OR				OR				
Old people				"Oncology				
OR				Nursing"				
"aged"								

Narrative literature review



PubMed  
CINAHL

## LIMITS

Spanish and English  
Last six years (2017-2022)

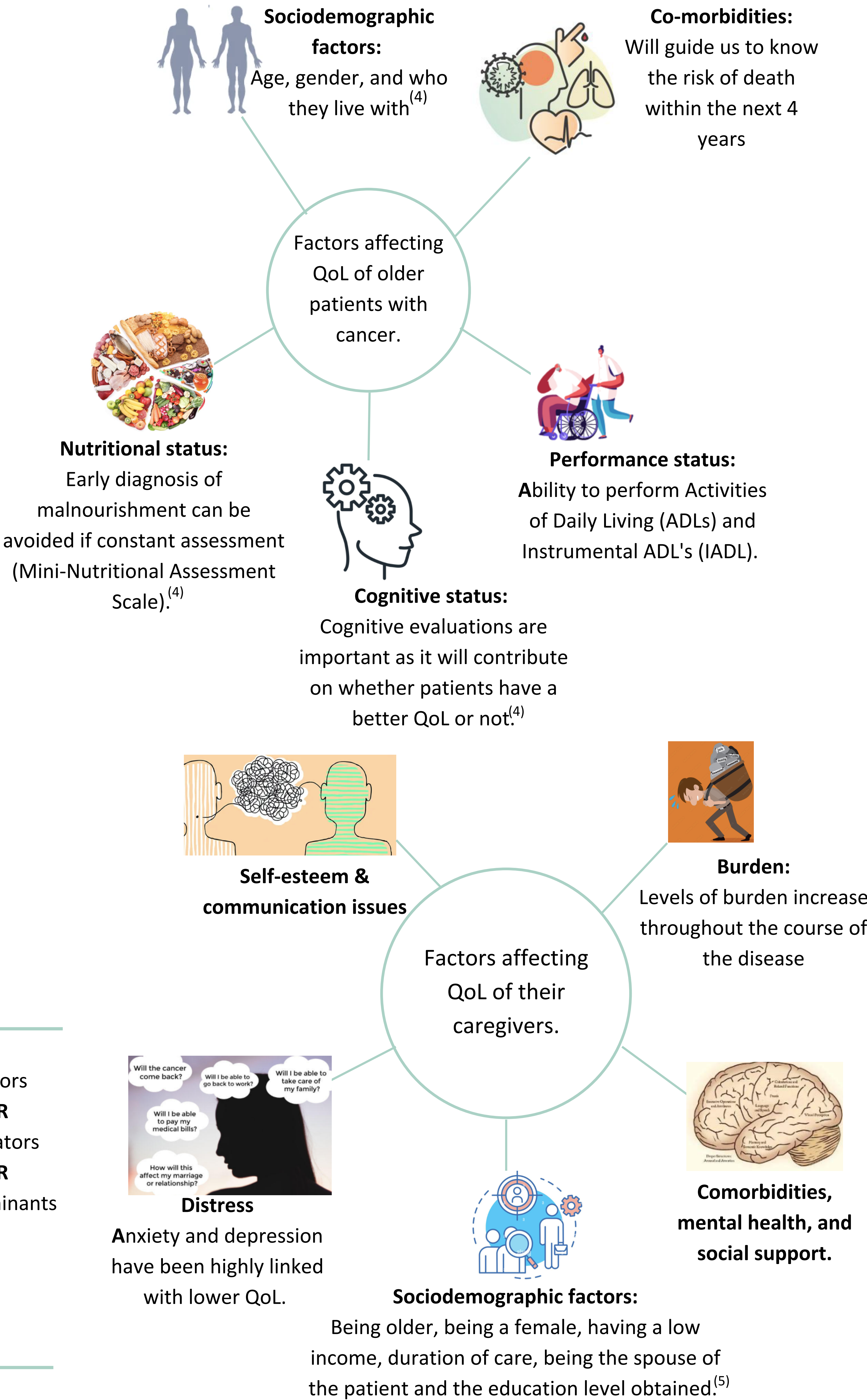


Elderly patients with  
cancer  
Caregivers  
Quality of Life



9 articles selected

## RESULTS



## CONCLUSION

- These factors have shown the different ways in which cancer can affect older people and their own caregivers and as a consequence take a holistic care of them both in order to maintain a good quality of life in that stage of life.
- On account of numerous scales, an increase in prevention of all of these factors has resulted.
- Further research is needed to expand our knowledge of usefulness of these scales in different age groups. During clinical practice in the Nursing degree, assessing the patient and the caregiver in a holistic approach will improve the results of this review in the future.

## BIBLIOGRAPHY

