

Essential Competencies for Health Workers in International Humanitarian Cooperation

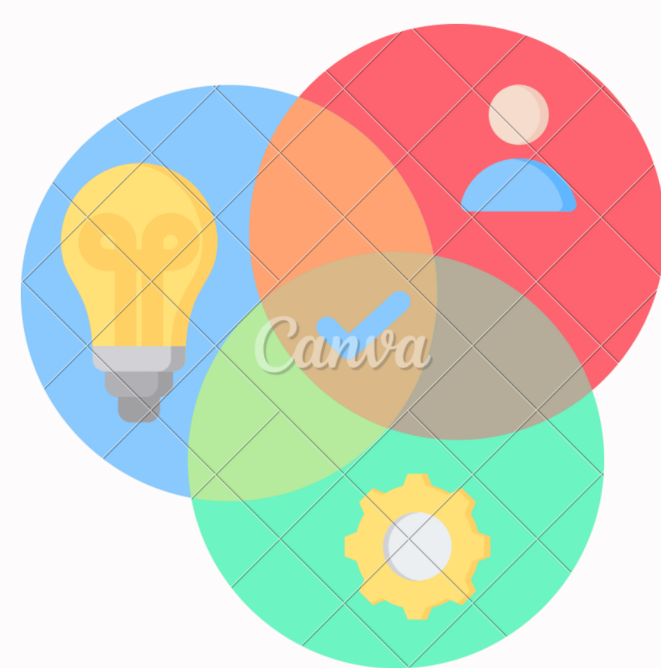
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1. INTRODUCTION


- International cooperation workers aim to support countries in achieving **sustainable development** by eradicating poverty, reducing inequalities, and building resilience (1).
- In health, this includes **sharing** knowledge, expertise, and resources (2).
- The need for interventions in many countries to ensure respect for human rights highlights the importance of **competent professionals** in quality international cooperation (3).

2. OBJECTIVE

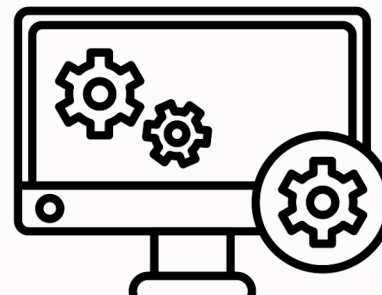
- Identify the knowledge and skills required for an international cooperation health worker to effectively work in a low-income country.
- Raise awareness and visibility of this area and inform people about the competences needed to work.



3. METODOLOGY




What knowledge and skills need humanitarian workers in health?



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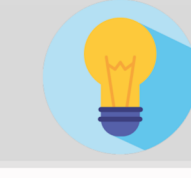
LIMITATIONS



English, Spanish or French
Health workers
19 studies included

Situation:		Population:	
What Knowledges and skills need		humanitarian workers in health?	
OR			OR
Skills Knowledge Competencies Preparedness training	AND		"Humanitarian workers"

4. RESULTS

NURSING		MEDICINE		PHARMACY	
Clinical skills for managing complex health problems and tropical diseases in resource-limited settings with patient-centred care (4).		Strong foundation of medical knowledge, including anatomy, physiology, and disease diagnosis and treatment of tropical diseases. <i>Specialties:</i> Surgeons, general practice/family doctors, infectious diseases doctors, gynaecologists, and paediatricians all require specific competencies (5).		Clinical knowledge about pharmaceutical supply chain management to ensure adequate medication administration and having a thorough understanding of disease states, drug therapy, and pharmacology (6).	
Communication 	Teamwork 	Leadership 	Work ethics 	Cultural sensitivity 	
Strong communication, negotiation, counselling, and advocacy skills (7-12).	Collaboration, cooperation and management skills to achieve common goals (7, 14).	Ability to motivate and inspire others, support others' achievements and effective decision-making skills (11, 12).	Adherence to moral principles and standards in global collaboration, developing impartiality, neutrality and independence (15).	Ability to work in different cultural and linguistic environments and situations with limited resources (11, 16-19).	
Adaptability 	Programme management 	Psychological skills 	Critical thinking 		
Resilience, flexibility, adjust effectively to a resource-limited context (8, 19, 21).	Financial management, monitoring and evaluation of projects and programmes (7, 11, 13, 15, 20).	Mental health and psychosocial support, maintaining professional boundaries and exercising patience (8).	Analytical thinking skills and self-management (20, 21).		

5. CONCLUSION

Professionals need to possess knowledge, cultural sensitivity, and adaptability to effectively work with diverse stakeholders.

It is a **theoretical foundation** in practice, aiding in the identification of competencies, expertise, and attitudes and groundwork for the creation of **instructional programs**.

Research is necessary to expand knowledge in this field, leading to better comprehension and application, thereby **professionalizing** the area:

- development of recognized standards and certifications
- creation of career development opportunities for cooperation workers

6. BIBLIOGRAFY

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