SECOND INTERNATIONAL CONGRESS ON EDUCATION IN LOVE, SEX, AND LIFE

A Congress on the Life and Love of Today's Youth: What They Think, What They Feel, What They Say EDSA Shangri-la, Manila, Philippines, 20 to 22 November 2007

SURVEY ABOUT RELATIONSHIPS, LOVE AND SEXUALITY

Thank you for helping us with this study.

Do not put your name on this survey. By answering this anonymous survey, you will help us know the youth's opinion on relationships, love and sexuality.

This survey is **not an exam**. We shall not grade you. So we encourage you to be as sincere as possible in your answers.

This same questionnaire is also being used in other countries around the world, possibly with cultures different from yours. Thus, some questions may seem strange to you, but nevertheless make an effort to answer them.

Once you have finished answering all questions, place the survey in the envelope provided, and hand this over to us. Remember that since your name is not indicated, the researchers will not know which questionnaire is yours.

How to answer the survey

Each question has several possible answers. Check **only one box** per question (unless stated otherwise). If you find it difficult to choose one, check the one that most suits your opinion or your habits.

If you feel uncomfortable with a given question, do not worry, you may leave it blank.

Thanks a lot for your collaboration!

Date: _	//
Region/Province:	
Country:	

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1. How old are you?

2. Are you male or female?

0	Male
1	Female

3. Check if you have any of the following in your house:

	Yes	No	Do not know
3.1. Computer(s):	Yes	No (go to question 3.2)	Do not know 🗖
With Internet	Yes	No	Do not know 🗖
With a "filter" (a program that prevents visiting certain pages in the Internet)	Yes	No	Do not know 🗖
One or more is a laptop	Yes	No	Do not know 🗖
If you have a computer(s) at home, it is in: (you can check	k several opti	ions)	
Living room	Yes	No	Do not know 🗖
Your bedroom	Yes	No	Do not know 🗖
Other place (please, specify):			
3.2. Television	Yes	No (go to question 3.3.)	Do not know 🗖
With "cable" or satellite (more channels than usual)	Yes	No	Do not know 🗖
In your bedroom	Yes	No	Do not know 🗖
3.3. Game console (PlayStation, etc.)	Yes	No	Do not know 🗖
Is it portable?	Yes	No	Do not know 🗖
3.4. DVD player	Yes	No	Do not know 🗖
3.5. Mobile phone	Yes	No (go to question 4)	Do not know 🗖
With a prepaid card?	Yes	No	Do not know 🗖
Please, specify your mobile phone operator:			

4. For what purposes do you use the Internet? You may check more than one applicable answer.

- o□ Not applicable/ I do not have access to the Internet
- 1 Studying/ looking for information
- 2 Sending emails
- 3 Chatting/ making friends
- 4 Entertainment
- 5 Shopping
- 6 Downloading programs, music, movies.
- **5.** For what activities do you use your personal mobile phone? *You may check more than one applicable answer.*
 - o□ Not applicable/ I do not have a personal mobile phone

1 Calling

- 2 Sending SMS/ MMS messages
- 3 Surfing the Internet
- 4 Playing games
- 5 □ Transacting money

6. What kind of television programs do you prefer? Check only 2 options

- 1 News
- 2 Documentaries, Reports (on animals, trips, etc.)
- 3 Sports
- 4 Films
- 5 Serials for young people ("teleserye", etc.)
- 6 Other (reality shows, variety shows, music videos, etc.) please, specify:

7. Your school/university is?

1 Public 2 Private

8. The student population in your school/university is:

1 Exclusive male or female 2 Mixed male and female

9. Your average grades in school/university are:

- 1 below 75 or its equivalent
- 2 75-79 or its equivalent
- 3 80-89 or its equivalent
- 4 90 or above or its equivalent

10. Do you think it is important for your future to continue your education after graduating from school?



PLEASE SHARE WITH US SOME INFORMATION ON YOUR FRIENDS

11. How many "close" friends do you have?

0 None 1 2 3 4 5 or more

12. How is the group of friends you spend most of your free time with?

- □ I don't have a group of friends *(go to question 15)*
- $1 \square$ We are only boys
- $2\Box$ We are only girls
- ${}_{3}\Box$ We are boys and girls

13. For the following questions, check to what extent the following statements apply to your group of friends (for example: "strongly agree" means that this frequently happens in your group).

	Strongly disagree				trongly gree	Do not know
Somebody in the group usually decides what to do or where to go.	1	2	3	4	5	0
I am one of those who decide Yes□ No□						
I can freely give my opinions because I am going to be respected.	1	2	3	4	5	0
I usually get bored with my group of friends.	1	2	3	4	5	0

14. During your free time, how much time (more or less) do you spend with your group of friends in the following places or doing the following activities? For each activity check the box that suits your group most.

	Never	sometimes in a month or less frequently	1–2 days a week	3–5 days a week	6—7 days a week
Meeting outdoors, in a park, in a square, or in other public places	0	1	2	3	4
Practice sports, go on excursion	0	1	2	3	4
Volunteer activities (outreach programs, charity, etc.)	0	1	2	3	4
Attend educational activities: talks, courses, religious classes, catechism, etc.	0	1	2	3	4
Go to discos, bars, places where we drink alcohol	0	1	2	3	4
Go to shopping centers, amusement arcade, cinema	0	1	2	3	4
Meet in one of your friends' house or in yours	0	1	2	3	4
Meet in a privately owned space without parental or other supervision	0	1	2	3	4

15. To what extent is it important for you what your <u>parents</u> and your <u>friends</u> think about the following topics? In this column, check the option from 1 to 5 that suits you most. The lowest score is 1 (it is not important at all) and the highest score is 5 (it is very important).

	How important for you is your <u>parents'</u> opinion on…						
	Not importan	t —		→ ir	Very nportant		
The way you dress	1	2	3	4	5		
Going out at night	1	2	3	4	5		
Smoking, drinking alcohol, taking illegal drugs (cannabis, cocaine)	1	2	3	4	5		
Your free time activities	1	2	3	4	5		
Love and sexuality topics, dating	1	2	3	4	5		
Religious topics	1	2	3	4	5		
Your choice of friends	1	2	3	4	5		

How important for you is your <u>friends'</u> opinion on…									
Not importan	t —	Very important							
1	2	3	4	5					
1	2	3	4	5					
1	2	3	4	5					
1	2	3	4	5					
1	2	3	4	5					
1	2	3	4	5					
1	2	3	4	5					

PLEASE TELL US MORE ABOUT YOUR FREE TIME ACTIVITIES DURING THE WEEK AND THE WEEKEND

16. Approximately, how long (hours) do you spend during <u>the week</u> AND during <u>the weekend</u> doing the following activities?

	DURING <u>THE WEEK</u> Hours in total			D		HE WEEK rs in <u>total</u>	<u>(END</u>	
	None	1-2h.	3-4 h.	≥5 h.	None	1-2h.	3-4h.	≥5 h.
Doing your homework	0	1	2	3	0	1	2	3
Internet, video games	0	1	2	3	0	1	2	3
Watching television, listening to the radio	0	1	2	3	0	1	2	3
Reading magazines for young people	0	1	2	3	0	1	2	3
Reading novels, literature, essays	0	1	2	3	0	1	2	3
Practicing sports	0	1	2	3	0	1	2	3
Practicing arts (singing in a choir, playing an instrument, painting, etc.)	0	1	2	3	0	1	2	3
Working as a volunteer (outreach programs, charity, etc.)	0	1	2	3	0	1	2	3
Attending educational activities (courses, talks, religious classes, etc.)	0	1	2	3	0	1	2	3

AND WE ALSO WOULD LIKE TO KNOW HOW YOU GET INFORMATION ON CERTAIN TOPICS.

17. When you need information about <u>love and sexuality</u>, how often do you use the following sources:? *Choose the option from the lowest score 1 ("never") to the highest score 5 ("always") that suits you most.*

	Never	-			Always
Your mother and/or father	1	2	3	4	5 🗖
Your brother(s)/sister(s)	1	2	3	4	5
Your friends	1	2	3	4	5
A teacher from the school or the university	1	2	3	4	5
Health/sexual counsellor (not from school, i.e.: sexual counselling centres)	1	2	3	4	5
Look it up in the Internet or in youth magazines	1	2	3	4	5
Look it up in books	1	2	3	4	5
Others (please, specify):	1	2	3	4	5
In case your parents are separated or divorced:					
Your mother's partner	1	2	3	4	5
Your father's partner	1	2	3	4	5

18. Have you ever talked to your parents about the following topics? Whether you have or not, check if you would like to know more on the topic.

would like to <u>know more</u> of the topic.	I have talked to my parents about					I would like to <u>know more</u> about			
	Nothing			→	A lot	Yes	No		
Girls' physical changes (menstruation, breast)	1	2	3	4	5	Yes	No		
Boys' physical changes (beard, wet dreams)	1	2	3	4	5	Yes	No		
AIDS and other sexually transmitted infections	1	2	3	4	5	Yes	No		
Pregnancy, the beginning of life	1	2	3	4	5	Yes	No		
Condoms and methods of contraception	1	2	3	4	5	Yes	No		
How to know when I will be ready to start dating	1	2	3	4	5	Yes	No		
How to know when I will be ready to have sex	1	2	3	4	5	Yes	No		
What "falling in love" means	1	2	3	4	5	Yes	No		
How to continue going out with a person ("boyfriend/ girlfriend") without having sexual relationships	1	2	3	4	5	Yes	No		
How to know if the person I am dating is the right one to share my future life with	1	2	3	4	5	Yes	No		
How to better manage my feelings and emotions	1	2	3	4	5	Yes	No		
How to better manage my sexual drive/passion	1	2	3	4	5	Yes	No		
How to tell the difference between desire, sexual attraction and love	1	2	3	4	5	Yes	No		

NOW, WE WOULD LIKE TO KNOW YOUR FEELINGS AND OPINIONS ON LOVE AND SEXUALITY.

19. We would like to know if you agree with the following statements. You do not need to be currently "dating somebody" or have a "boyfriend/girlfriend" to answer these questions. (*Choose the option from 1 to 5 that suits your opinion most.*)

	Strongly disagree			→	Strongly agree	Do not know
I think it is ok that people of my age have sexual relationships to have fun.	1	2	3	4	5	0
Having a sexual relationship						
means "giving yourself" to the other person.	1	2	3	4	5	0
is a sign of maturity.	1	2	3	4	5	0
Love forever						
is difficult to find, "it comes and goes".	1	2	3	4	5	0
does not depend on people, it is a matter of destiny.	1	2	3	4	5	0
is possible, but it is necessary that both are willing to make sacrifices for each other.	1	2	3	4	5	0
Marriage offers stability to a couple and their children.	1	2	3	4	5	0
If a couple gets married, it should be for the rest of their lives.	1	2	3	4	5	0

20. We would like to know if you agree with the following statements. You do not need to be currently "dating somebody" or having a "boyfriend/girlfriend" to answer these questions. *(Choose the option from 1 to 5 that suits you most.)*

	Strongly disagree			→	Strongly agree	Do not know
I feel ready to begin a steady boy-girl relationship.	1	2	3	4	5	0
I would like to wait to have sex with my "boyfriend/ girlfriend" until we reach a commitment, but not necessarily being married.	1	2	3	4	5	0
I would know how to tell my partner ("boyfriend/girlfriend") that I do not want to have sexual relationships if this was my choice.	1	2	3	4	5	0
I do not like it when the media (TV, ads, magazines, films) show:						
women as "sexual objects"; only giving importance to her body	1	2	3	4	5	0
men as "sexual objects"; only giving importance to his body	1	2	3	4	5	0
I do not like it when the media (TV, ads, magazines, films) associate:						
femininity to having more sexual relationships	1	2	3	4	5	0
masculinity to having more sexual relationships	1	2	3	4	5	0

21. Teenagers are not expected to have sexual relationships, but if you have, we would like to know which of the following situations apply to you. *When we mention "sexual relationships" we mean <u>complete sexual relationships</u>, also known as "making love", "having sex". If you have never had sex, go to question 22.*

	Strongly disagree			Stro	ongly ee	Do not know
"I had my first sexual relationship because"	ulougioo			~9.		
I was in love.	1	2	3	4	5	0
most of my friends already had sex.	1	2	3	4	5	0
I wanted to have fun.	1	2	3	4	5	0
I wanted to know what it was like.	1	2	3	4	5	0
I felt like it.	1	2	3	4	5	0
I wanted to be more popular in class/ group of friends, etc.	1	2	3	4	5	0
I was afraid to lose him/her.	1	2	3	4	5	0
I was under the influence of alcohol or drugs (marihuana, etc.)	1	2	3	4	5	0
I did not know how to say no to a person who insisted on.	1	2	3	4	5	0
as a result of an "uncontrolled situation", although it was not initially our (mine and my partner's) intention.	1	2	3	4	5	0
as a consequence of seeing sexual images (films, magazines)	1	2	3	4	5	0
I had to return a favour (money, job, etc.).	1	2	3	4	5	0
other reason (please, specify):	1	2	3	4	5	0
I have had sex at least once with my partner ("boyfriend/girlfriend") without giving my consent.	1	2	3	4	5	0
Deep down, I regret having already had sexual relationships.	1	2	3	4	5	0

22. If you have <u>never</u> had sexual relationships, we would like to know to what extent the following reasons influence this decision. *If you have had sex, do not answer this question. Remember: "strongly disagree" means that the situation does not apply to you and "strongly agree" means that it highly applies to you.*

	Strongly disagree			→	Strongly agree	Do not know
"I have not had sexual relationships because"						
I have not found the right person.	1	2	3	4	5	0
I am afraid of getting pregnant/getting a girl pregnant.	$_1$	2	3	4	5	0
I am afraid of getting infected of AIDS or another infection.	1	2	3	4	5	0
my parents would not approve it.	1	2	3	4	5	0
my partner(s) has/have not wanted to have sex.	1	2	3	4	5	0
waiting is a special gift for the person I will share my life with.	1	2	3	4	5	0
of fear of sin or guilt.	1	2	3	4	5	0
I am not married.	1	2	3	4	5	0
I did not feel ready for it.	1	2	3	4	5	0
other reason (please, specify):	1	2	3	4	5	0

23. Which risk do you think may occur if one has sex <u>with</u> or <u>without</u> condoms? *The risk goes from 1 ("None"= there is no risk at all) to 5 ("Very high"=always happens or almost always).*

	Ris	sk if oi	ne has	sex <u>WI</u>	<u>TH</u> a co	ndom	Risk if one has sex <u>WITHOUT</u> a condom						
	None		Verv nign		l don't know	NONO				Very hig	h I don't know		
Of being infected with AIDS	1	2	3	4	5	0	1	2	3	4	5	0	
Of being infected genital warts	1	2	3	4	5	0	1	2	3	4	5	0	
Of getting pregnant	1	2	3	4	5	0	1	2	3	4	5	0	

NOW, WE WOULD LIKE TO ASK YOU ABOUT YOUR FUTURE

24. To what point would you like to achieve one of the following goals in the future?

	None			•	A lot	Do not know
Be helpful (help needy people)	1	2	3	4	5	0
Be loyal (not betraying nor criticizing my friends)	1	2	3	4	5	0
Be sincere, without having to fake nor thinking another way	1	2	3	4	5	0
Have my own personality so as to maintain my opinions	1	2	3	4	5	0
Not depend on circumstances and be strong when difficulties arise	1	2	3	4	5	0
Choose the right person with whom to start a family	1	2	3	4	5	0
Wait to have sex until I get married	1	2	3	4	5	0
If I get married, I want my marriage to last all my life	1	2	3	4	5	0
Devote myself to helping others (missions, apostolic celibacy, priesthood)	1	2	3	4	5	0

25. Do you think the following people and institutions are helping you to reach these goals, through their messages and advices? *Option 1 means "Yes, more or less yes" and option 0 means "No, more or less no".*

	You are helped by your parents to			You are helped by your friends to					• •	You are helped by TV, magazinesto		
	Yes	No	Don't know	Yes	No	Don't know	Yes	No	Don't know	Yes	No	Don't know
Be helpful (help needy people)	1	0	2	1	0	2	1	0	2	1	0	2
Be loyal (not betraying nor criticizing my friends)	1	0	2	1	0	2	1	0	2	1	0	2
Be sincere, without having to fake nor thinking another way	1	0	2	1	0	2	1	0	2	1	0	2
Have personality so as to maintain my opinions	1	0	2	1	0	2	1	0	2	1	0	2
Not depend on circumstances and be strong when difficulties arise	1	0	2	1	0	2	1	0	2	1	0	2
Choose the right person with whom to start a family	1	0	2	1	0	2	1	0	2	1	0	2
Wait to have sex until I get married	1	0	2	1	0	2	1	0	2	1	0	2
If I get married, I want my marriage to last all my life	1	0	2	1	0	2	1	0	2	1	0	2
Devote myself to helping others (missions, apostolic celibacy, priesthood)	1	0	2	1	0	2	1	0	2	1	0	2

FINALLY, WE WOULD LIKE TO KNOW SOME THINGS ABOUT YOU

26. How would you describe your family's economic status?

- 0 Low
- $1\Box$ Not very low
- 2 Middle (not so low but not so high)
- 3 High
- ⁴ Very high

27. When you do something wrong, how often do each of the following situations happen to you? For <u>each</u> <u>situation</u>, choose the option from 1 to 5 that suits you most.

	Never			→A	Do not know	
I receive a fair/reasonable punishment.	$_1$	2	3	4	5	0
I receive an abusive/unreasonable punishment.	$_1$	2	3	4	5	0
I do not receive any punishment; my wrong actions are usually tolerated.	1	2	3	4	5	0
I am given an explanation why I am wrong.	1	2	3	4	5	0

28. Choose how strong the following sentences express what you think about yourself. For example: "Strongly agree" means that you always or almost always think that way.

	Strongly disagree				Strongly agree	Do not know
I think I have several good qualities.	1	2	3	4	5	0
I am satisfied with my physical appearance.	$_1$	2	3	4	5	0
I feel loved by other people.	1	2	3	4	5	0
I am able to make someone happy.	1	2	3	4	5	0
I usually finish the things/projects that I have started.	1	2	3	4	5	0
I find it hard to express myself and relate with others.	1	2	3	4	5	0
I tend to want/get things immediately.	1	2	3	4	5	0
Jokes or insults from others usually affect me a lot.	$_1$	2	3	4	5	0
I feel pressured by my peers for not having a date	1	2	3	4	5	0
I think and plan for the future even in small ways (i.e. saving my allowance, planning for a career, etc.).	1	2	3	4	5	0
I am usually happy for the successes of others (including people who are close to me).	1	2	3	4	5	0

29. What is your religion?

- o I have no religion (*you have finished the survey*)
- 1 Catholic
- 2 Protestant
- 3 Jewish
- 4 Muslim
- 5 Hindu
- 6 Buddhist
- 7 Other (please, specify): _____

30. How often do you go to church/temple or religious services?

- $1\square$ More than once in a week
- 2 Once in a week
- 3 Once in a month
- 4 Sometimes in a year
- 5 Less than once in a year, hardly ever
- 6 Never

31. To what extent do you agree with this sentence: "My faith is a very important influence that I am willing to take into account in my life"?

Strongly			→ S	strongly	
disagree			а		
1	2	3	4	5	0 🗖 Do not know

YOU HAVE FINISHED THE SURVEY!

WE THANK YOU SO MUCH FOR SHARING WHAT YOU THINK WITH US.