



Discovering the Potential of Qualitative Research in Palliative Care

MARCH 20-22, 2014

Inscription deadline:

The registration deadline is the March 5, 2014.

INTRODUCTION

Qualitative research provides a way to approach reality from the individual perspective of each person and provides a closer view of human beings. Qualitative methodology has revalued the human being as the central focus of analysis. The contexts in which people live and the significance of their personal experiences influence how they live and behave, thereby specifically influencing how they live their health and illness issues. In this context, qualitative research can be of great value to palliative care. Understanding a person's motivations, goals in life, values, feelings, beliefs, and preferences is essential to health care professionals caring for people with advanced illness and in the terminal phase, if their work is to be effective. It is important to know the experiences being lived by the different people involved in this end-of-life phase (patients, relatives, and health care professionals) in order to improve the care of and the company for a patient in this situation.

Traditionally, health professionals have received an education based on positivistic tendencies and therefore, their knowledge regarding qualitative research is usually quite limited.

In an effort to overcome the aforementioned limitation, a course on qualitative research has been organized for health care professionals so that they can acquire the necessary knowledge, skills and attitudes for carrying out rigorous qualitative research studies that generate awareness and knowledge, which when put into practice, improves the attention and care given to patients.

The course is organized by the **ATLANTES Research Program of the Institute for Culture and Society (ICS)**. ICS is a new research center in Social Sciences and Humanities of the University of Navarra. ATLANTES

is a set of ICS research projects in the field of palliative care with the aim of promoting a positive view in society about care at the end of life. Among the participants in the course will be some national and international researchers of the ATLANTES and ICS Group.

Professor **Carole Robinson** is invited to the first edition of the Course. Carole Robinson is associate professor of the School of Nursing in the Faculty of Health and Social Development at the University of British Columbia in Kelowna, Canada. She has worked extensively in qualitative research methodology dealing with palliative care issues.

GENERAL OBJECTIVES

- **Provide basic methodological training** in qualitative research in order to develop quality research that can be applied to the research, educational, and clinical settings as well as to the management roles of professionals.
- **Promote the discussion** of several qualitative research methodologies applicable to palliative care.

SPECIFIC OBJECTIVES

- **Reflect on the principles and significance of qualitative research** in education, research and clinical management settings as well as the role played by the different professionals involved in palliative care.
- **Introduce participants in the principal designs of qualitative research:** ethnography, phenomenology, narrative and grounded theory, following fundamental research questions.
- **Discuss the main qualitative designs and their applicability** to palliative care.



ics
Universidad
de Navarra
Institute for Culture and Society

Organization: ATLANTES Research Program. Institute for Culture and Society (ICS). University of Navarra. **Collaborations:** Faculty of Medicine of the University of Navarra (Spain); Faculty of Nursing of the University of Navarra (Spain) and Faculty of Health and Social Development, School of Nursing, University of British Columbia (Canada).



Discovering the Potential of Qualitative Research in Palliative Care

MARCH 20-22, 2014

Inscription deadline:

The registration deadline is the March 5, 2014.

LECTURERS



Carole Robinson

Associate Professor in the School of Nursing at the University of British Columbia, Okanagan campus. She teaches nursing research and graduate level psychosocial oncology.



Jose Miguel Carrasco

Investigator at the Institute for Culture and Society of the University of Navarra on the ATLANTES Program.



Olga López de Dicastillo

Associate professor in the Faculty of Nursing at the University of Navarra.



María Arantzamendi

Associate professor in the Faculty of Nursing and investigator at the Institute for Culture and Society of the University of Navarra, on the ATLANTES Program.



Carlos Centeno

Titular Professor in the Faculty of Medicine at the University of Navarra and principal investigator on the ATLANTES Program.

COURSE STRUCTURE/CONTENT

- **Thursday:** Introduction to qualitative research.
17:00-20:00: Theoretical session on qualitative research followed by group discussion and debate.
- **Friday:** Principal qualitative research designs. Theoretical and practical research examples.
9:00-11:00: Ethnography:
11:30-13:30: Phenomenology
15:30-17:30: Narrative
18:00-20:00: Grounded theory
- **Saturday:** Workshop.
9:00-13:30 Possible applications of the main qualitative research designs to palliative care. Formation of groups for brainstorming, integrating theory into the design of research projects based on the ideas from all the participants.

REGISTRATION

- Limited number of participants.
- The course is open to health and social science professionals interested in qualitative research.
- In order to register, send an e-mail to **Isabel Gortari** (igortari@unav.es) with your personal data, contact details (telephone and mail) and a copy of the bank transfer to cover course costs.

Inscription cost: 300€

Payment: Bank transfer to La Caixa
IBAN: ES49 2100 2173 85 0200493647

Concept: Atlantes Course: Qualitative

Discounts: 50% discount for University of Navarra employees.

Contact information: Isabel Gortari

Telephone: (0034) 948425600 Ext: 803430

E-mail: igortari@unav.es



ics
Universidad
de Navarra
Institute for Culture and Society

Organization: ATLANTES Research Program. Institute for Culture and Society (ICS). University of Navarra. **Collaborations:** Faculty of Medicine of the University of Navarra (Spain); Faculty of Nursing of the University of Navarra (Spain) and Faculty of Health and Social Development, School of Nursing, University of British Columbia (Canada).